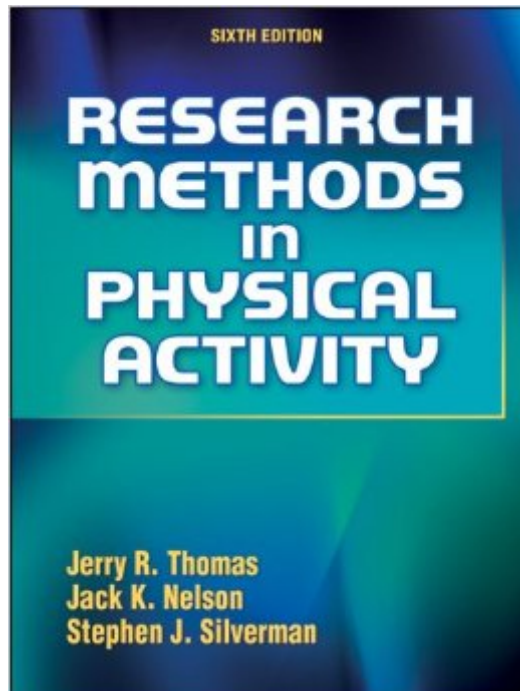


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# Research Methods In Physical Activity - 6th Edition



## Synopsis

Research Methods in Physical Activity, Sixth Edition, presents an engaging overview of the research process and available methods for students researching within all subdisciplines of kinesiology and exercise science as well as physical therapy, rehabilitation, and occupational therapy. Translated into seven languages and interjected with the humor that has become a welcome component of this internationally recognized text, the sixth edition of Research Methods in Physical Activity also includes these enhancements:

- Significant updates on the use of library services, including an in-depth discussion of effective electronic searches and information filing
- Fewer hand calculations and increased focus on computational procedures for basic statistics, supplemented with examples from the Statistical Package for the Social Sciences (SPSS) to analyze data on 30 players from the 2008 Professional Golfers' Association (PGA) Tour
- An updated and expanded chapter on the growing merit of using qualitative research to help answer research questions rather than relying solely on the traditional scientific approaches
- A new chapter devoted to mixed-methods models of research that employ both quantitative and qualitative methods to provide a more balanced look at the research problem

In addition to the improvements in the sixth edition, Research Methods in Physical Activity maintains the logical progression and presentation of information that make it the leading text in the field. It discusses all stages of the research process—including formulating and defining a research problem, analyzing data, and presenting results—and offers students practical help with the logistics of beginning, conducting, and completing their research. Readers are introduced to basic statistical and measurement concepts and learn how to complete statistical analysis of research results. Individual chapters on historical, philosophical, epidemiological, descriptive, experimental, and qualitative research acquaint students with possible research approaches, while a new final chapter in that section introduces mixed-methods models that combine different categories of research into one study. In those chapters, four scholarly contributors lend their expertise to provide in-depth knowledge from their respective fields. In addition, humorous stories, anecdotes, and photos are sprinkled throughout the text to demonstrate key points and enliven the reading without detracting from the content. The text concludes with instructions on preparing and presenting the research report.

By systematically guiding the reader through the research process, Research Methods in Physical Activity, Sixth Edition, provides practical research tools and replaces research-induced anxiety and confusion with competency in understanding, planning, conducting, assessing, and presenting research. v

## Book Information

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## Customer Reviews

Written for programs who don't really do research. Written poorly/brief/remedial. If you want to do research read J. Creswell. Research Design: Qualitative, Quantitative, and Mixed Methods Approaches

The kindle version is not the best. It does not have page numbers which is really a drag when your teacher tells you to look at page 207 or whatever. Other kindle books I have do have the page numbers and there needs to be a way to put page numbers in for text books. Even if it is an estimate. Also, the figures are terrible and blurry. One table we used a lot in class, couldn't even make out the numbers. can do better.

The book is hardcover but the pages are of a lower quality paper, like you'd find in a practice workbook or something, and are not in color. This is the perfect storm for a boring textbook which is amplified by the limited visuals and large blocks of text. In addition, the top right corners of the first ~20 pages were "fused" together with extra paper material jutting out, like a triangle. Probably an error with the cutting machine, I don't know how it got past quality control. Other than that the condition was solid.

I believe this book is great for students and professionals new to research and research methodology. The authors put statistical concepts in understandable terms and provide enough

information to be able know what's going on in an article you may be reading. They provide concrete and relatable examples along with humor and references to pursue a topic more if desired. Yes, they can go into more depth on almost each topic; however, I do not believe that was the intent of this book. If you are new grad student, undergrad learning about research, or a professional looking for a quick reference/guide for basic statistical concepts this book is for you.

Having personally used the 5th edition in a recent class, I found several typos and offered a couple suggestions regarding an appendix of symbols and easier access to pertinent formulas which in the 5th edition were difficult to locate in the text. These were conveyed from my professor to the authors, and improvements in ease of use were made. Good luck, researchers!!

Best book ever on the subject of research. really makes the topic more enjoyable than other texts that can bore the snot out of college students. Glad my professor chose this book!

didn't like the way the author explains the topics could be a better way and examples too redundant. but great information and really usefull

I'm not sure anyone could "love" the subject, but they do a good job explaining the content within the text.

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